



THINK SHEET

Name _____ Date _____

Goals for life

_____ I can be productive and follow directions even if I am mad or overwhelmed by my feelings.

_____ I can be productive and follow directions even if others are not okay.

_____ I can be productive and follow directions even if I don't want to and even if it's difficult.

IT'S NEVER OK TO BE HURTFUL. IT'S NEVER OK TO BE DISRUPTIVE.

- What did you do? _____

- What problem did it cause? _____

- What can you do to resolve it? _____

- What can you do to keep it from happening again? _____

- What are my behavior expectations when I return to class?

Circle One: I am not OK and not ready to return to class I am OK and ready to return to class.

